

2025 USA Taekwondo Connecticut State Championships
 April 12, 2025 — Newtown Youth Academy Sports & Fitness

Schedule & Report Times

9:00 AM (Report Time: 8:30 AM)			
Ring 1	Ring 2	Ring 3	Ring 4
Sparring Male/Female Tigers (8-9)	Sparring Male/Female Dragon (6-7)	Poomsae (Rec./Free.) Male/Female Junior and up	Poomsae (Rec.) Male/Female Youth (10-11)
	Sparring Male/Female Youth (10/11)	Poomsae (Rec.) Male/Female Cadet (12-14)	Board Breaking Male/Female Tigers (8-9)
			Board Breaking Female Youth (10-11)

10:30 AM (Report Time: 10:00 AM)			
Ring 1	Ring 2	Ring 3	Ring 4
Sparring Male/Female Juniors (15-17)	Sparring Male/Female Senior and up	Board Breaking Male Youth (10-11)	Poomsae Male/Female Dragon (6-7)
	Sparring Male/Female Cadet (12-14)	Board Breaking Male/Female Dragon (6-7)	Poomsae Male/Female Tigers (8-9)

12:00 PM (Report Time: 11:30 AM)			
Ring 1	Ring 2	Ring 3	Ring 4
Weapons Male/Female All Ages		Board Breaking Male/Female Cadet (12-14)	Board Breaking Male/Female Junior and up



Contact cttkdalliance@gmail.com with any questions.